



The Senate of Texas

CÉSAR J. BLANCO

TEXAS SENATOR
DISTRICT 29

Press Release

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Senator César J. Blanco Hosts 6th Annual “Beat the Heat” Senior Box Fan Giveaway in San Elizario & Fort Hancock

El Paso, Texas- Last week, Senator César J. Blanco hosted his 6th Annual “Beat the Heat” Senior Box Fan Giveaway in San Elizario and Fort Hancock, where **120** box fans were distributed to seniors in the community. The annual giveaways were held in partnership with Centro de Salud Familiar La Fe, Project Vida, and El Paso Electric to help seniors prepare for extreme summer temperatures across the region.

As temperatures continue to rise in the region, older adults remain among the populations most vulnerable to heat-related illness and death. According to research published by the **National Institutes of Health**, older adults face increased risk during extreme heat events due to age-related changes in the body’s ability to regulate temperature, chronic health conditions, and medications that can interfere with cooling mechanisms.

For seniors living on fixed incomes, rising summer electricity costs can make it harder to keep their homes cool and safe. Senator Blanco started the “Beat the Heat” initiative six years ago to help address both the health and economic challenges seniors face during the hottest months of the year by providing practical resources that improve comfort and safety at home.

Senator César J. Blanco issued the following statement:

“Extreme heat is a serious public health issue, especially for seniors and vulnerable residents. In a community like ours, where summer temperatures regularly climb to the triple digits, access to cooling resources can make a real difference in protecting health and preventing heat-related emergencies.

For many seniors living on fixed incomes, even small added expenses like higher electricity bills can create hardship. This annual giveaway is about helping our seniors stay safe, stay cool, and feel supported during the summer months. I’m proud to continue this tradition alongside our community partners who help make this effort possible each year.”

Senador César J. Blanco emitió la siguiente declaración:

“El exceso de calor es un grave problema de salud pública, especialmente para las personas mayores y los residentes más vulnerables. En una comunidad como la nuestra, donde las temperaturas en verano con frecuencia alcanzan los tres dígitos, tener acceso a recursos para mantenerse fresco puede marcar una gran diferencia para proteger la salud y prevenir emergencias relacionadas con el calor.

Para muchas personas mayores que viven con ingresos fijos, incluso pequeños gastos adicionales, como el aumento en las facturas de electricidad, pueden representar una dificultad. Este sorteo anual se trata de ayudar a nuestras personas mayores a mantenerse a salvo, frescas y con el apoyo necesario durante los meses de verano. Me enorgullece continuar esta tradición junto a nuestros socios comunitarios, que contribuyen a que esta iniciativa sea posible cada año.”