

TEXAS SENATOR DISTRICT 29

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## Senator Blanco Hosts 2<sup>nd</sup> Annual "Beat the Heat" Senior Box Fan Giveaway in Presidio

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**Presidio, Texas-** Today, Senator César J. Blanco delivered 33 box fans to economically disadvantaged senior citizens in Presidio, Texas. With high temperatures during the summer months, this initiative aims to assist economically disadvantaged senior citizens keep their homes cool and help reduce electric bills.

"Far West Texas' high temperatures pose serious health risks to some of our community's most vulnerable population, especially those seniors who are already grappling with underlying health conditions," said Senator César J. Blanco. "By providing box fans, we hope to facilitate a safer and more comfortable living environment for those in our community who need it most."

According to Harvard Medical School, more than 80% of the estimated 12,000 individuals in the United States who succumb to heat-related causes annually are aged 60 and above. Because older people tend to have more chronic conditions like diabetes and heart disease, elevated temperatures make it harder to cool off the body. Medicines that many older people use to treat chronic ailments, such as diuretics for high blood pressure, can also make them more vulnerable to the heat.

Senator Blanco also added "I want to thank our partner, Presidio Senior Citizens Center, for helping make this event possible. I am always inspired by our community's generosity!"

For further information, please contact Taylor Sanchez at 915-276-3872 or at <u>Taylor.Sanchez@senate.texas.gov</u>.

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