



HISTORIC BROWNSVILLE RESACATHON 2006

FAMILY • FOOD • FITNESS • FUN

You are invited to the Historic Brownsville Resacathon 2006. The Resacathon is a fun and engaging way to learn about the importance of nutrition and fitness for long-term health and well-being. Participants will be provided with numerous tools to help them learn to make healthy everyday choices. This FREE event will cater to the likes and tastes of Brownsville families with something to offer all age groups.

Saturday, November 11, 2006

FREE

9:00 am - 1:00 pm (5K at 8:00 am)

FREE

The University of Texas at Brownsville/TSC

(At the Business & Education School Complex)

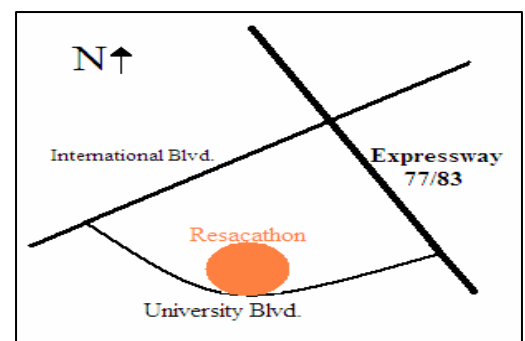
- 5K Run/Walk
- Kayaking on the Resaca
- Relay Races
- Health Screenings & Immunizations
- Healthy Food Sampling
- Live Entertainment
- Giveaways & Prizes
- Children's Crafts & Games

Hosted by:

State Senator Eddie Lucio, Jr.

In Collaboration With:

**The University of Texas at Brownsville and Texas Southmost College
Brownsville Campus, UT School of Public Health
Healthy Communities of Brownsville**



Participation in this event is **FREE**. For more information call Armando Salinas at (956) 882-5174 and visit www.healthybrownsville.org for registration form and details for 5K Run/Walk.