



Presentation to the Senate Health and Human Services Committee: Healthy Texas Women and Family Planning Programs

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Women's Health in Texas

- Texas is experiencing substantial population growth:
 - Between 2000 and 2013, Texas added 1.2 million more residents, more than any other state, and grew by 4.8%, compared to 2.2% growth for the entire country.
 - In 2014, 42% of women (5.7 million) are of childbearing age.
- Access to health care among women in Texas:
 - In 2014, 78% of women 19-64 years had health insurance coverage.

Clients Served

- In order to receive services, potential clients must meet certain eligibility requirements.
- For all programs, eligibility is determined by:
 - Residency status
 - Income level
 - Family size
 - Healthcare needs

Number of Clients

| | FY 2010 | FY 2011 | FY 2012 | FY 2013 | FY 2014 | FY 2015 |
|--|----------------|----------------|----------------|----------------|----------------|----------------|
| Family Planning | 212,477 | 195,709 | 82,953 | 48,902 | 55,869 | 66,118 |
| Breast and Cervical Cancer Screening | 33,483 | 35,911 | 37,748 | 36,718 | 33,599 | 34,376 |
| Expanded Primary Health Care | | | | | 147,083 | 158,209 |
| Women's Health Program/ Texas Women's Health Program | 107,567 | 127,536 | 126,473 | 115,440 | 114,441 | 105,205 |
| Total | 353,527 | 359,156 | 247,174 | 201,060 | 350,992 | 363,908 |

Provider Enrollment: Process

- In order to administer any women's health program, a potential provider must first be an approved Texas Medicaid provider and must sign an affiliate affirmation form.
- Healthy Texas Women providers provide services on a fee-for-service basis and have the option of contracting with the state through an Open Enrollment process to provide additional support services.
- The Family Planning and Breast and Cervical Cancer Services (BCCS) programs select providers based on the results of an Open Enrollment process.
 - Direct services are provided on a fee-for-service basis.

Provider Enrollment: Numbers

Number of Providers

| | FY 2010 | FY 2011 | FY 2012 | FY 2013 | FY 2014 | FY 2015 | FY 2016 |
|---|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| Family Planning | 77 | 73 | 57 | 41 | 18 | 18 | 18 |
| Breast and Cervical Cancer Screening | 43 | 47 | 44 | 43 | 41 | 41 | 38 |
| Expanded Primary Health Care | | | | | 54 | 58 | 58 |
| Women's Health Program/ Texas Women's Health Program | 1,647 | 1,328 | 1,357 | 3,853 | 4,097 | 4,603 | 4,713 |
| Total | 1,767 | 1,448 | 1,458 | 3,937 | 4,210 | 4,720 | 4,827 |

Number of Clinics

| | FY 2010 | FY 2011 | FY 2012 | FY 2013 | FY 2014 | FY 2015 | FY 2016 |
|--------------------------------------|------------|------------|------------|------------|------------|------------|------------|
| Family Planning | 294 | 291 | 214 | 124 | 89 | 105 | 105 |
| Breast and Cervical Cancer Screening | 245 | 218 | 216 | 212 | 196 | 203 | 196 |
| Expanded Primary Health Care | | | | | 220 | 280 | 280 |
| Total | 539 | 509 | 430 | 336 | 505 | 588 | 581 |

Healthy Texas Women

- Healthy Texas Women (HTW) is for women who meet the following qualifications:
 - Are 15 to 44 years of age,
 - Are a U.S. citizen or legal permanent resident,
 - Are Texas residents,
 - Are not pregnant,
 - Do not have health insurance, and
 - Have a household income at or below 200 percent of the Federal Poverty Limit.

* HTW serves women who are sterile or infertile.

Healthy Texas Women

Program Details

Client Eligibility:

- Women ages 15-44 (Ages 15-17 with parental consent)
- 200% Federal Poverty Level
- Citizen/Eligible Immigrant
- Not pregnant
- 5,342 providers

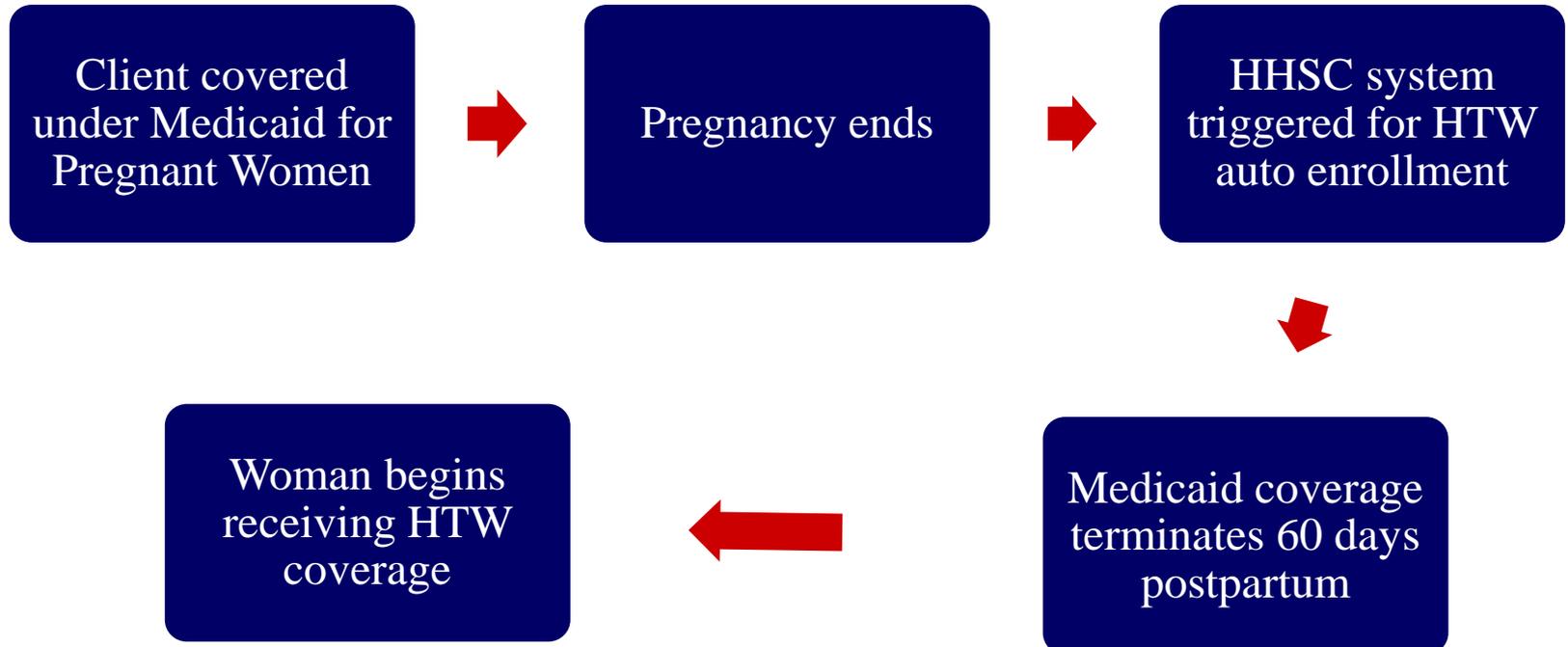
Eligibility Determinations:

- Client eligibility is determined by HHSC
- Clients may apply through a paper application or online
- Services delivered on a fee-for-service basis

Covered Services

- Pelvic examinations
- Contraceptive Services
- Pap tests
- Screening for hypertension, diabetes, cholesterol
- Sexually transmitted infection (STI) services
- Sterilizations
- Breast and Cervical Cancer Screenings and Diagnostic Services
- Immunizations
- Cervical Dysplasia treatment
- Other preventative services

Automatic Enrollment Process



Medicaid Benefit for Pregnant Women

- Medicaid covered services for pregnancy includes all regular acute care benefits as well as:
 - Prenatal/antenatal and postnatal visits, including ultrasounds and other diagnostic procedures, hydroxyprogesterone (17P) administration, and genetic testing such as noninvasive prenatal testing,
 - Delivery services in the hospital, birthing centers and home,
 - Fetal or in utero procedures, including echocardiographs, chorionic villus sampling, and some fetal surgery, and
 - Tobacco use cessation.

Family Planning

- Family Planning is for men and women who meet the following qualifications:
 - Are 64 or younger,
 - Are Texas residents,
 - Have a household income at or below 250 percent of the Federal Poverty Limit,
 - Must not be eligible for any similar program, including the HTW Fee-For-Service program, and
 - Eligibility is determined at the point of service by family planning contractors.

Family Planning

Eligibility

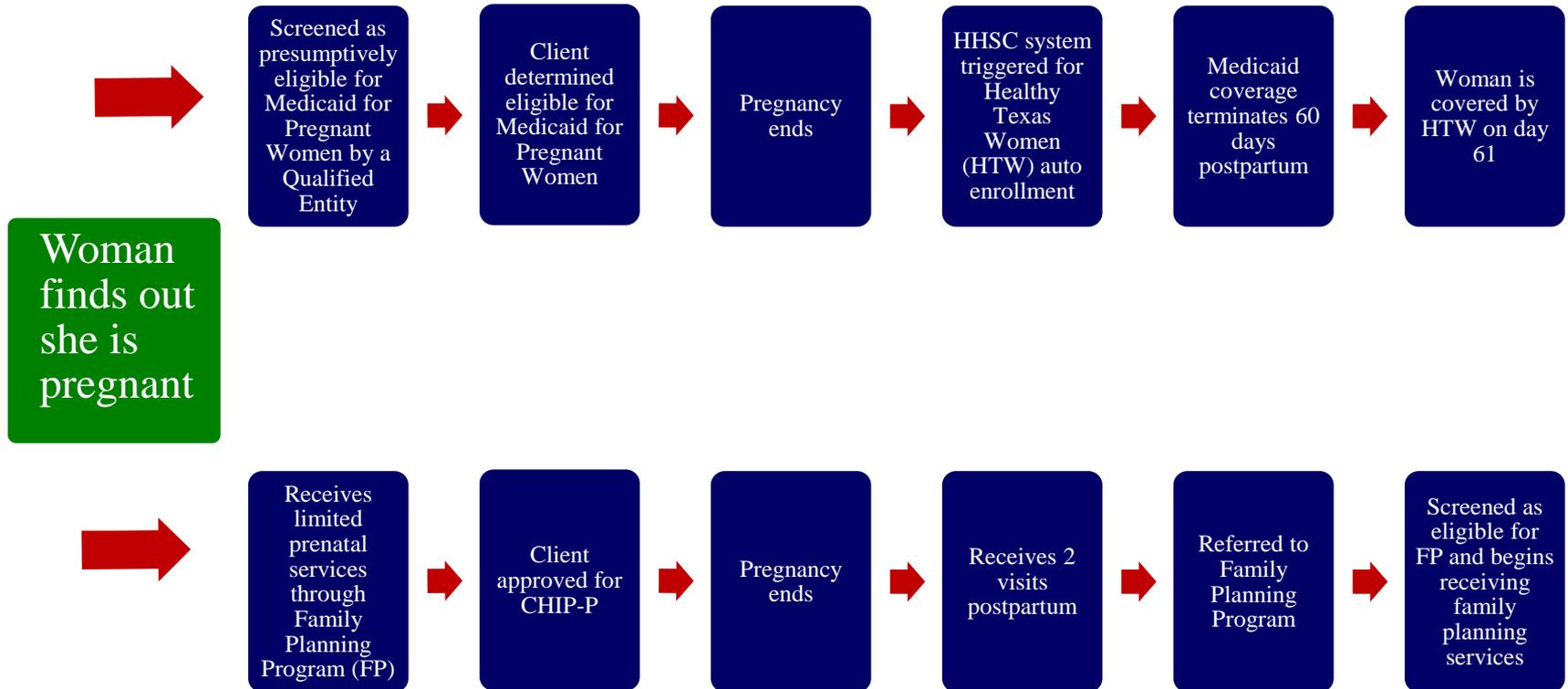
- Women and Men
- Age 64 or younger
- 250% of the Federal Poverty Level (FPL)
- Texas residents
- Must not be eligible for any similar program, including the HTW Fee-For-Service program
- Eligibility is determined at the point of service by family planning contractors
- Since implementation we have seen a steady increase in providers

Covered Services

- Pelvic exam
- Contraceptive Services
- Pap tests
- Screening for hypertension, diabetes, cholesterol
- Sexually transmitted infection (STI) services
- Sterilizations
- Breast and cervical cancer screening and diagnostic services
- Immunizations
- Prenatal Services

- **CHIP Perinatal Clients:**
 - Clients covered under CHIP Perinatal will not be eligible for automatic enrollment into HTW.
 - Once a woman's pregnancy ends, she may be eligible to receive Family Planning Program coverage for reproductive health care services.
 - Clients can locate a Family Planning provider at www.HealthyTexasWomen.org.

Women's Health Coverage



Breast and Cervical Cancer Services

Program Details

- Priority populations:
 - Women 50-64 for breast screenings
 - Women 21-64 for cervical screenings
- Income at or below 200% FPL
- \$12.3 Million (Fed/GR) annually
- 38 Contractors / 196 Clinics
- 34,376 Clients served (FY2015)
- 1,735 Medicaid for Breast and Cervical Cancer (MBCC) Applications Processed (FY2015)

Covered Services

- Clinical Breast Exam
- Mammograms
- Pelvic Examination
- Pap tests
- Diagnostic services for women with abnormal breast or cervical cancer test results
- Cervical dysplasia treatment
- Individualized case management
- Assist clients in need of treatment to apply to the Medicaid for Breast and Cervical Cancer (MBCC) program

- Long-acting reversible contraception (LARC, such as intrauterine devices and contraceptive implants) is a safe and highly beneficial contraceptive.
 - Highly effective method of contraception
 - Highest continuation and satisfaction rates
 - Can be used by most women
 - Increased use may reduce unintended pregnancy rates
 - The American College of Obstetricians and Gynecologists (ACOG) recommends offering LARC methods as first-line contraceptive methods and supports post-partum insertion of LARC as safe, effective, and advantageous

Source: American College of Obstetricians and Gynecologists. Committee Opinion No. 539, “Adolescents and Long-Acting Reversible Contraception: Implants and Intrauterine Devices,” October 2012.

American College of Obstetricians and Gynecologists. Practice Bulletin No. 121, “Long-Acting Reversible Contraception: Implants and Intrauterine Devices,” July 2011.

Initiatives for LARC

- On January 1, 2016, HHSC implemented several policy changes in an effort to increase access to and utilization of LARC in Texas Medicaid and the Texas Women’s Health Program (TWHP)
- The article “Reimbursement Methodology to Change for Long-Acting Reversible Contraception (LARC) Devices Effective January 1, 2016,” was published on December 31, 2015 on the TMHP website at www.tmhp.com
- The LARC Toolkit was published in June 2016 at www.healthytexaswomen.org

LARC Utilization Rates

Women served who received LARC (of total women receiving contraceptives)

| Program | FY 2012 | FY 2013 | FY 2014 | FY 2015 |
|--------------------------------------|----------------|----------------|----------------|----------------|
| Medicaid Clients | 6.5% 31,094 | 5.9% 28,805 | 6.7% 31,980 | 7.5% 37,760 |
| Texas Women's Health Program Clients | 6.9% 5,958 | 7.2% 5,023 | 9.2% 5,316 | 10.8% 5,926 |
| Family Planning Clients | 5.1% 3,113 | 7.8% 2,798 | 13.8% 3,200 | 13.3% 2,918 |
| Expanded Primary Health Care Clients | | | 9.1% 5,680 | 12.2% 6,856 |

- Current outreach initiatives include:
 - Complete website redesign
 - Outreach campaign
 - TV Ads
 - Radio Ads
 - Social Media
 - Stakeholder Fact Sheets
 - Contractor Conference
- The new HealthyTexasWomen.org launched on August 31, 2016.
- For information about Zika, please visit:
www.texaszika.org